

Hodads Diamond Minds and The Ryan Bowers Foundation presents

**The
2nd Annual
Ryan Bowers
You Are Not Alone
Suicide Prevention Run**

To Whom It May Concern:

We are requesting your support in our inaugural suicide prevention run/walk taking place in ***Ocean Beach!***

On Sept 17th, 2023 we will be running and walking a 4.5 mile course through our beautiful community!

Immediately following the run/walk we will host a mental health fair in the parking lot of Newport ave and Abbott st! Our festival consists of performances, motivational speakers, **mental health resource art, obstacle courses, CPR First Aid Training and much more!**

Our statement for this event is
"You Are Not Alone"

As so many of us and our loved ones are suffering from mental health issues, we want to highlight the support and bring to the forefront solutions to help heal one another. **You Are Not Alone** means that I am here with you, that we are all in this together.

This is an event to show those who are suffering in silence that they are not alone.

It is for the family and friends who have loved ones that have committed Suicide and are traumatized and hurt from it.

It is for those who suffer from suicidal thoughts that might need encouragement to keep moving forward.

It is for our first responders who are faced with traumatic situations on a daily basis. We see you and salute you, **You Are Not Alone.**

This is for everyone dealing with trauma.

The You Are Not Alone campaign aims to become a support group and a network for people traumatized by the deaths of loved ones and those battling with anxiety, depression or self harming thoughts.

Our intentions are to unite Ocean Beach in this campaign highlighting mental health and suicide prevention in our community.

We can do it but we need your help!

As our organization provides the logistics, **planning and energy** to this cause: we are reaching out to our fellow local business owners, schools, community organizations and influencers for support, in the form of:

Financial sponsorships, in-kind donations and team building participation!

All financial sponsorships will go towards the cost of the run/walk and mental health festival. All in-kind donations will serve as gifts, prizes, carbs and water for our runners/walkers.

We are requesting that our **sponsors** run/walk with us and have a presence at the mental health festival after the run.

Our goal is to have 1,000 runners/walkers with us!

We have special commemorative prizes and added incentives for the top 3 largest teams registered.

Team competitions will also be set up at the festival such as team tug of war, obstacle courses and team pull up and push up challenges on the beach! All of these activities are designed to stimulate love, community enrichment, team development and to ultimately increase mental health!

Please visit us at www.youarenotaloneob@gmail.com for sponsorship levels and more information.

In-Kind donation request list available upon request.

Thank you so much for your time and consideration!

We look forward to working with you as your support will surely be felt long after the last person/team crosses **the finish line!**

Sincerely,

You Are Not Alone.

-All sponsorships, in-kind donations are tax deductible-
Tax i.d. # available upon request.